SHORT COURSE: Practical approaches to common problems in paediatric and adult OSA
Adelaide Convention Centre Wednesday 19 October 2016

Who should attend?
ENT Surgeons, Sleep Physicians, Paediatricians, Dentists and Other Interested Clinicians

Course objectives:
- Learn approaches by experts to commonly faced problems in adult and paediatric OSA
- Learn novel approaches, including robotics and horizon treatment options
- Learn to treat the patient, not the numbers
- Learn practical assessment tips related to all forms of endoscopy, CPAP troubleshooting and case examples

Invited international speakers:
Prof Stacey Ishman
Prof Edward Weaver

Course convenor:
A/Prof Stuart MacKay

Other speakers:
Dr Andrew Jones
Wollongong Hospital
Dr Julia Crawford
St Vincent's Hospital
Prof Simon Carney
Southern ENT
Dr Richard Lewis
Hollywood Private Hospital
A/Prof Nick Stow
North Shore Private Hospital
A/Prof Gill Nixon
Paediatric Sleep Physician
Monash Children's Hospital
Dr Lyndon Chan
Sleep Surgery Fellow
Illawarra ENT Head & Neck Clinic

For more information on this course, visit www.sleep.org.au
INVITED INTERNATIONAL SPEAKERS

We are delighted that Prof Stacey Ishman and Prof Edward Weaver have accepted our invitation to contribute to this course.

**Prof Stacey Ishman**

Stacey Ishman, MD, MPH is Surgical Director of the Upper Airway Center at the Cincinnati Children’s Hospital Medical Center and associate professor with the Divisions of Otolaryngology – Head and Neck Surgery and Pulmonary Medicine. She is also the Director of Otolaryngology Outcomes Research at Cincinnati Children’s Hospital Medical Center and Residency Research Director for the Department of Otolaryngology - Head and Neck Surgery at the University of Cincinnati. Stacey is focused on treating children with persistent pediatric sleep apnea and adults with obstructive sleep apnoea. Her research is centered on outcomes in adults and children after treatment for OSA. She also serves as the Chair-Elect for the Board of Governors and on the Executive Committee of the Board of Directors of the American Academy of Otolaryngology – Head and Neck Surgery. In addition, she is the 2016 Annual Meeting Program Chair for the American Society of Pediatric Otolaryngology and Vice-President of the International Surgical Sleep Society.

**Prof Edward Weaver**

Ed Weaver is a Professor of Otolaryngology and the Chief of Sleep Surgery at the University of Washington, Seattle, Washington, U.S.A. He is one of the few ENT surgeons to have U.S. board certification in both otolaryngology/ head & neck surgery and in sleep medicine. Professor Weaver is the Surgical Program Director of the University of Washington Sleep Disorders Center, the Associate Director of the University of Washington Comparative Effectiveness, Cost and Outcomes Research Center, the Chair of the Sleep Disorders Committee, American Academy of Otolaryngology – Head and Neck Surgery and the Chair of the Outcomes Research and Evidence-Based Medicine Subcommittee, American Academy of Otolaryngology – Head and Neck Surgery.

COURSE CONVENOR

**A/Prof Stuart MacKay**

Stuart MacKay completed his training in NSW. In 2007 he completed a Fellowship in Airway Reconstruction Surgery for Snoring and Obstructive Sleep Apnoea with the late Sam Robinson. He has been an invited speaker and chair of Snoring and Sleep Aphaea Panels nationally and internationally. He is actively involved in teaching as both an Associate Professor and Examiner at the University of Wollongong Medical School. As a member of the Australasian Sleep Association, he represents ENT surgeons on both the conference committee and the clinical committee and has promoted and instigated the ENT Special Interest Group. Stuart is actively involved in sleep surgery research via Garnett Passe-Rodney Williams Foundation and NH&MRC grants.

SESSION A

Chaired by Stuart Mackay

<table>
<thead>
<tr>
<th>Time</th>
<th>Session Title</th>
<th>Speaker(s)</th>
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<tbody>
<tr>
<td>9:00 – 9:40</td>
<td>How I approach adult CPAP failure</td>
<td>Ed Weaver</td>
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<tr>
<td>9:40 – 10:20</td>
<td>How I approach residual paediatric OSA after adeno-tonsillectomy</td>
<td>Stacey Ishman</td>
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<tr>
<td>10:20 – 10:40</td>
<td>Look at the Patient, not just the numbers - ADULTS</td>
<td>Andrew Jones</td>
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<tr>
<td>10:40 – 11:00</td>
<td>Look at the Patient, not just the numbers – PAEDIATRICS</td>
<td>Gillian Nixon</td>
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<td>11:00 – 11:20</td>
<td>MORNING TEA</td>
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SESSION B

Chaired by Nick Stow

<table>
<thead>
<tr>
<th>Time</th>
<th>Session Title</th>
<th>Speaker(s)</th>
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<tbody>
<tr>
<td>11:20 – 11:40</td>
<td>How and Why I Utilise the Sleep Multidisciplinary Team</td>
<td>Stuart Mackay</td>
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<tr>
<td>11:40-12:00</td>
<td>How and Why I Utilise the Robot in OSA Surgery</td>
<td>Julia Crawford</td>
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<tr>
<td>12:00 – 12:20</td>
<td>Why the Australian Multi-level Surgical RCT is important and Comments</td>
<td>Simon Carney, Ed Weaver</td>
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<tr>
<td>12:20 – 12:40</td>
<td>What Adult Clinicians can learn from Paediatrics in OSA, and vice versa</td>
<td>Stacey Ishman</td>
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<tr>
<td>12:40 – 1:00</td>
<td>Basics of Surgical Selection and Operative Options</td>
<td>Richard Lewis</td>
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<td>1:00 – 1:20</td>
<td>What’s on the Horizon: Newer Surgeries and Therapeutics</td>
<td>Ed Weaver</td>
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<td>1:20 – 2:00</td>
<td>LUNCH</td>
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SESSION C

Chaired by Richard Lewis

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<thead>
<tr>
<th>Time</th>
<th>Session Title</th>
<th>Speaker(s)</th>
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<tbody>
<tr>
<td>2:00 – 3:00</td>
<td>Video Demonstrations / Small Groups and Practical Tips including:</td>
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<tr>
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<td>Paediatric Sleep Endoscopy Stacey Ishman</td>
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<td>Adult Awake Endoscopy Stuart Mackay</td>
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<td></td>
<td>Adult Sleep Endoscopy Ed Weaver</td>
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<td></td>
<td>CPAP troubleshooting and downloads Andrew Jones</td>
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<td>3:00 – 4:40</td>
<td>Cases Nick Stow, Richard Lewis, Lyndon Chan</td>
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REGISTRATION

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REGISTRATION FEES

<table>
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<th>prior to 31 July 2016</th>
<th>after 31 July 2016</th>
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<tbody>
<tr>
<td>Member ASA/ASTA</td>
<td>AUD 350</td>
<td>AUD 400</td>
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<tr>
<td>Registrars/Trainees</td>
<td>AUD 400</td>
<td>AUD 600</td>
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<tr>
<td>Non-Member</td>
<td>AUD 650</td>
<td>AUD 850</td>
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Register online www.sleep.org.au or complete and return the form below:

DELEGATE DETAILS

TITLE (Dr, Prof, Ms, etc.):  GIVEN NAME:  SURNAME:

INSTITUTION:

MAILING ADDRESS:

STATE:  P/CODE:

PHONE:  MOBILE:  EMAIL:

SPECIAL DIET REQUIREMENT:

PAYMENTS Booking form should be accompanied by full payment of registration fees.

☐ CHEQUE made payable to Australasian Sleep Association

☐ CREDIT CARD  ☐ Visa  ☐ Mastercard  *(American Express & Diners Club NOT accepted)*

Card Nº:  

Expiry Date:  CVV:  

Cardholder’s Name:  Signature:

RETURN WITH PAYMENT TO:
ASA Secretariat
114/30 Campbell Street
Blacktown 2148
Fax: 02 9672 3884  |  Email: conference@sleep.org.au