

Speaker Bio's

QCH Paediatric short course SDU 2022 - The Ultimate Paediatric Year in Review

A/Prof Gillian Nixon is a paediatric respiratory and sleep physician both academic and clinical appointments. Her clinical practice as Deputy Director of the Melbourne Children's Sleep Centre at Monash Children's Hospital is centered on the management of children with respiratory and sleep disorders, placing her in an ideal situation to both raise clinical questions for research and to translate research into practice directly. A/Prof Nixon's academic appointment is in the Department of Paediatrics, Monash University. She is also the Head of Paediatric Sleep Research in the Melbourne Children's Sleep Centre. A/Prof Nixon's research is focussed on improvements in the diagnostic and treatment pathway for snoring and obstructive sleep apnoea in children, including developing simplified diagnostic tools and driving improvements in evidence-based treatment pathways. She has recently held a Translating Research into Practice fellowship from the National Health and Medical Research Council. She has built cross-disciplinary collaborations and works with state government on related quality improvement projects regarding the management of the large number of children with snoring and obstructive sleep apnoea, a condition with significant negative effects on learning and development.



Dr Leon Kitipornchai is an ENT surgeon subspecialised in Obstructive Sleep Apnoea and Snoring Surgery. Born and raised in Brisbane, he received his Bachelors, postgraduate Medical and subsequent Masters degrees from the University of Queensland. Dr Kitipornchai has completed a Master of Medicine (Sleep Medicine) qualification at the University of Sydney. He is a Senior Lecturer (clinical) with the University of Queensland who is actively involved in education of medical students, training ENT registrars and ongoing research in the field of sleep surgery. After completing his ENT training in Queensland, Dr Kitipornchai was awarded his Fellowship in Otolaryngology Head and Neck Surgery from the Royal Australian College of Surgeons. Subsequently, he completed a post-fellowship clinical and research post with Professor Stuart MacKay in Wollongong with a subspecialisation focus on Obstructive Sleep Apnoea in children and adults as well as Thyroid surgery.



Dr Mihiri Silva is a Consultant Paediatric Dentist and Clinician-Scientist Fellow at the Royal Children's Hospital, Melbourne and the Murdoch Children's Research Institute and a senior lecturer at the Melbourne Dental School, University of Melbourne. Mihiri is the deputy chair of the Australian Dental Association Federal Oral Health Committee, President of the Australian New Zealand Society for Paediatric Dentistry Victorian Branch and Secretary of the Paediatric Oral Health Research Group of the International Association of Dental Research. Her research ranges from cohort studies and to qualitative research and seeks to understand drivers of poor oral health in children and develop innovative evidence-based population and clinical interventions to address these.



Andrew Collaro is a paediatric Respiratory and Sleep Scientist based at the Queensland Children's Hospital, and a researcher at the hospital and within the Sleep Research and Cough and Airways Research Groups at the Centre for Children's Health Research. Andrew is currently completing his PhD examining longitudinal lung function within paediatric outreach services, and the effect of early childhood pneumonia on lung function. He is also involved in sleep research including contactless monitoring systems, artificial intelligence, and craniofacial projects.



Paul Gringras is Professor of Sleep Medicine, Kings College London and Consultant in Paediatric Neurodisability and Sleep Medicine, at the Evelina London Children's Hospital, Guy's and St Thomas' NHS Foundation Trust. He specializes in the fields of Paediatric Neurodisability and Paediatric Sleep Medicine. Sleep problems are very common in children and young people with Autism, Attention Deficit Hyperactivity Disorder (ADHD) and many other neurodevelopmental disorders. Improving the sleep, learning, behaviour, and quality of life for these children and their families is strong focus of Professor Gringras' work. The sleep clinic he founded has a holistic approach that addresses behavioural, genetic, and neurological causes of sleep disorder, in addition to commoner sleep related breathing problems. The clinic provides a National Narcolepsy service supporting over 200 children and young people with narcolepsy at present. Professor Gringras lectures and runs workshops at national and international conferences. He has written over 70 peer reviewed papers, as well as book and book chapters. He holds research grants in the fields of Neurodisability and Sleep medicine. He lectures internationally and is President elect for the International Paediatric Sleep Association.



Associate Professor Honey Heussler is the Medical Director of the Child Development Program at the Children's Health Queensland Hospital and Health Service in Brisbane. She is a Developmental and Behavioural Paediatrician with a dual qualification in Sleep Medicine. Honey's clinical work involves children with a variety of Developmental and Behavioural problems as well as a number of clinics that specialise in sleep disorders for this population. She also runs a specialised clinic for some genetic disorders including Angelman syndrome. Honey is a member of the Scientific Advisory Board for the Foundation for Angelman Syndrome Therapeutics and has been heavily involved in the Angelman Syndrome community for over a decade.



Stef Louey is a Paediatric Respiratory physician affiliated with the Royal Children's and Monash Children's Hospital, Melbourne. Her clinical interest lies in the management of medically complex patients, particularly those with sleep disordered breathing or requirement for home ventilation. She plans to complete further training and research in sleep medicine, with a focus on the developmental aspects of infant sleep.



Associate Professor Lourdes Del Rosso is a Sleep Physician at Seattle Children's Hospital and Associate Professor in the department of Paediatrics at the University of Washington School of Medicine. She earned her medical degree at the University of Miami; completed a residency in Family Medicine at Kaiser Permanente/UC Irvine, a Sleep Medicine fellowship at Louisiana State University and a master's in medical education at the University of Pennsylvania. Lourdes is dedicated entirely to the field of paediatric sleep medicine, in areas of education, clinical care and research. She is involved nationally in the American Academy of Sleep Medicine and internationally in Sleep Medicine courses in Latin America. Her research interests include restless sleep and consequences of sleep disorders. Lourdes is originally from Peru, moved to the United States at the age of 18 years old. She lives with her husband and enjoys hiking.



Professor Kurt Lushington is a Clinical Psychologist and Research Professor in the Justice and Society Unit of the University of South Australia. He is affiliated with the Centre for Brain, Body and Behaviour and Centre for Workplace Excellence. Kurt is interested in the psychophysiology of sleep and, as well, healthy ageing. His clinical specialty is sleep medicine, both applied and theoretical. He is a member of the Australian Sleep Association sub-committee for Behavioural Management of Sleep Disorders, and a fellow of the Australian Psychological Society, World Sleep Association and Sleep Research Society. Kurt is currently working on projects examining the impact of sleep disruption on daytime functioning and pathophysiology in children with sleep disordered breathing and working with industry groups examining the impact of fatigue on workplace performance. He is also leading cross-disciplinary teams looking at healthy ageing with projects examining daytime sleepiness, financial wellbeing, housing security, malnutrition and aged care, and digital literacy.



A/Professor ARTHUR TENG is a senior staff specialist paediatrician, sleep physician and Head of the Department of Sleep Medicine at the Sydney Children's Hospital, Randwick. Currently he is Conjoint Associate Professor of Medicine at the University of New South Wales and Clinical Senior Lecturer at the University of Tasmania. He was Respiratory Fellow and Chief Resident at the then Prince of Wales Children's Hospital before training with Professor Colin Sullivan at the David Read Laboratories, University of Sydney. His clinical and research interests include the neuropsychological impact of sleep disorders in children, parasomnias, infant obstructive sleep apnoea and childhood narcolepsy. He has published across the broad spectrum of paediatric sleep disorders in peer-reviewed journal articles and text book chapters. He has trained over 20 scientists, paediatric sleep and respiratory physicians, from Australia and around the world including New Zealand, Hong Kong, China, Malaysia, Canada, Singapore, UK, India, Taiwan and Brazil.



Brigitte Fauroux is Professor in Paediatrics and exerts at Necker University Hospital and Paris 5 University. She is the head of a paediatric non-invasive ventilation and sleep unit and a respiratory



physiology laboratory which is related to the research unit INSERM 955. Professor Fauroux did part of her research training at the Respiratory Muscle Laboratory at the Royal Brompton Hospital in London, UK, where she improved her expertise in respiratory physiology, respiratory muscle testing and non-invasive ventilation. She has a special interest in chronic lung disease, respiratory physiology, respiratory muscles, sleep, and non-invasive ventilation. She has published more than 200 papers in peer-reviewed journals.