

Insomnia & Sleep Health Council annual meeting

Tuesday 27 October 2020, 12:30PM AEDT

Via Zoom

Agenda

Zoom meeting details

Topic: Insomnia & Sleep Health Council meeting

Time: Oct 27, 2020 12:30 PM Canberra, Melbourne, Sydney

Join Zoom Meeting

<https://us02web.zoom.us/j/82411623680?pwd=WnBaTmttR2NzeVJFRmVaQytrQ0l4Zz09>

Meeting ID: 824 1162 3680

Passcode: 928928

One tap mobile

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Meeting ID: 824 1162 3680

Find your local number: <https://us02web.zoom.us/u/kdalfRwjZc>

Present:

Apologies:

1. Confirmation of the minutes of the last meeting, October 2019, Sydney.
2. Discuss educational opportunities for members in 2021

2.1 Sleep DownUnder

Proposal for a symposium/plenary and a representative to sit on the Conference Committee.

2.2 Short Courses

Proposals for short courses on topics of interest to the whole membership. These can be held as part of SDU or as stand-alone courses through-out the year.

2.3 Webinars

Topic discussion –webinar proposal/s for consideration by the Education Committee.

3 Council office bearers

The following positions are open to all council members. Members who will not be attending the council meeting can nominate for these roles by emailing their interest to communications@sleep.org.au before the meeting date. More information can viewed about each available role in the [council toolbox](#)

The Chair/co-Chair will stand for 2 years and all other office bearers will stand for 1 year.

Co-Chairs

Current co-chairs: Hailey Meaklim & Prerna Varma

Term: Hailey Meaklim 4 years

Prerna Varma, 2 years

Vacancies: Hailey Meaklim due to re-nominate

Conference Committee – To help organise Sleep DownUnder/Sleep Week 2021

ASA news - This involves writing a summary of Council activities or topics of interest for inclusion in e-news or newsletter

Councils Sub-Committee - This committee meets by zoom approximately every 8 weeks and consists of 1 or 2 representatives from each of the Councils. It is the main conduit for communication between the Councils and the ASA executive, so it's helpful if at least one of the Co-Chairs is on this committee.

- 4 Open the floor for any general business.
- 5 Meeting close