



sleepweek

Sleep education wherever you are
20-23 October 2020

Sleep Week 2020 Program

Short Course #1: Let's try and answer THOSE questions: Challenging aspects of paediatric respiratory sleep medicine

Tuesday, October 20 10:00am - 5:00pm

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This course aims to address those areas of paediatric respiratory sleep medicine that challenge us all. An international panel of speakers will present on a range of topics relating to different aspects of sleep disordered breathing and ventilation in infants and children. The course will discuss controversial areas specific to paediatrics, such as the limitations of gold standard PSG monitoring, management of persistent OSA when CPAP fails and ethical issues around respiratory support in children with complex medical conditions. There will be the opportunity to interact with the speakers throughout the course, with case discussions utilised to illustrate key points and stimulate discussion areas.

This course is intended for paediatricians, sleep clinicians, sleep scientists/technicians, ENT surgeons, nurses, fellows, students and anyone involved in the management of infants and children with sleep disorders.

Session 1: 10:00-10:10am

Unanswered questions in Paediatric Sleep Disordered Breathing: An Overview

Speaker: Dr Jasneek Chawla

Session 2: 10:10-10:40am

Infants with laryngomalacia - when does sleep monitoring help the surgeon?

Speaker: Dr Nicole Slee

Session 3: 10:40-11:10am

Intricacies of ventilating infants: when does a tracheostomy help?

Speaker: Associate Professor Jo Maclean

Session 4: 11:10-11:40am

When should we start ventilation in Neuromuscular Disease: An update on evidence

Speaker: Dr David Kilner

Break

Session 5: 12:00-12:30pm

The AHI doesn't help...what else can we use in paediatric OSA?

Speaker: Professor Colin Sullivan

Session 6: 12:30-1:00pm

The ever-recurring question: which snoring child needs surgery?

Speaker: Professor Karen Waters

Break

Session 7: 2:00-2:30pm

My child won't wear CPAP...what else? The role of the ENT surgeon

Speaker: Associate Professor Derek Lam

Session 8: 2:30-0:00pm

My child won't wear CPAP...what else can we try: Non-surgical options

Speaker: Dr Jasneek Chawla

Session 9: 3:00-3:30pm

My child won't wear CPAP...Does it matter? Complications of untreated OSA

Speaker: Associate Professor Cathy Hill

Break

Session 10: 4:20-4:50pm

Withholding respiratory support in children...when is it the best thing to do?

Speaker: Conjoint Professor Paul Walker

Session 11: 4:50-5:00pm

Round up and close

Speaker: Dr Jasneek Chawla

5:00pm: Close of session

Registrations for Sleep Week open in August

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